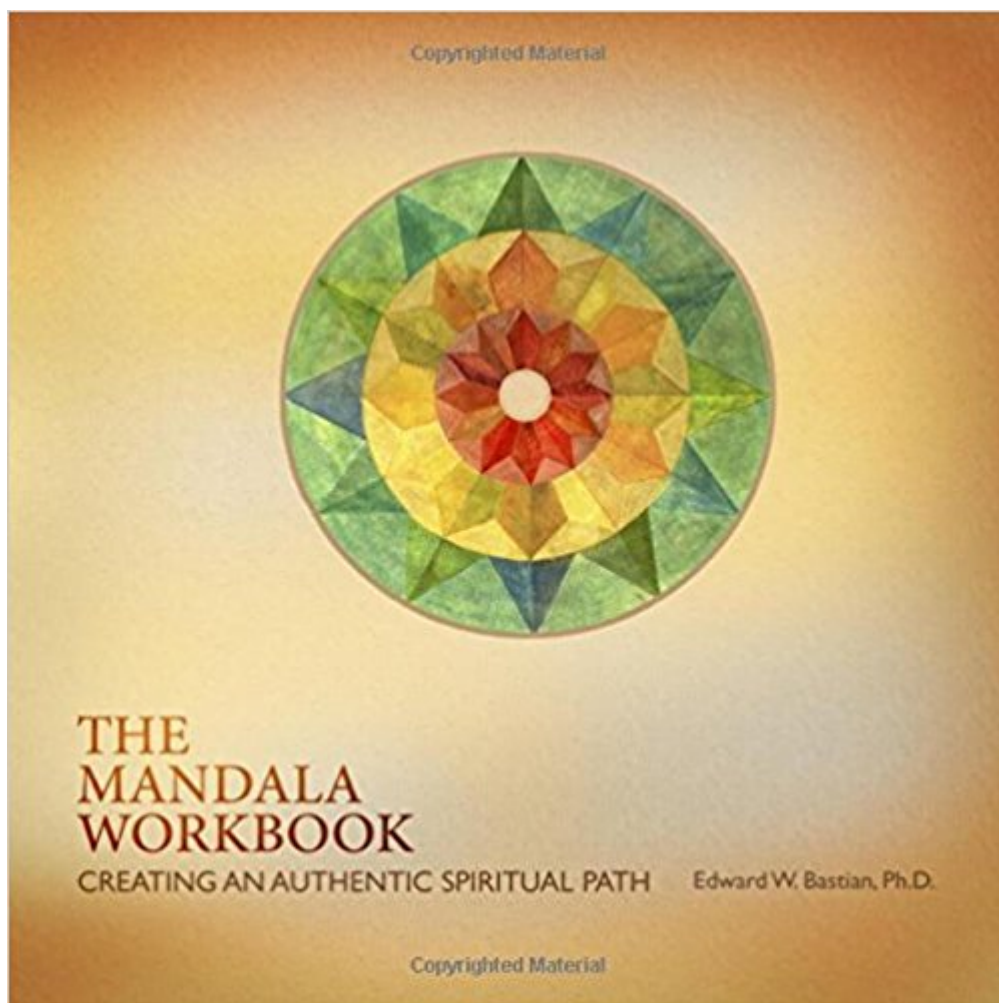




Ebook Directory
the best source of ebook

The book was found

The Mandala Workbook: Creating An Authentic Spiritual Path: An Interspiritual Process (The Spiritual Paths Series)



Synopsis

The workbook for Edward Bastian's groundbreaking book, *Mandala*, provides the reader with a profound tool for constructing and cultivating a personal spiritual path from the world's collective spiritual wisdom, utilizing one's own preferences and learning styles to find the answers to our most profound questions. That is to say, it provides the means, not the answers - those we must find ourselves. Through the *Spiritual Paths Mandala* one explores one's own archetypal approaches to spirituality, one's own questions about the spiritual path, and finds the practices and traditions that best suit our particular needs. Of it, Dr. Carol S. Pearson, author of *The Hero Within* and *Awakening the Heroes Within*, has written: "In *Mandala*, Dr. Bastian has done for spirituality what I've worked to do with archetypes, developing a system through which anyone—religious or not—can identify his or her own natural mode of assessing spiritual truth. Dr. Bastian's work is a great and important breakthrough, as so many believe they are not spiritual because they do not follow a particular dogma or because the tradition in which they were raised does not fit for them. His work also can be of assistance to those within any spiritual tradition to expand their horizons and to promote respectful interfaith dialogue."

Book Information

Series: The Spiritual Paths Series

Paperback: 176 pages

Publisher: Albion-Andalus Books (July 1, 2016)

Language: English

ISBN-10: 0692575855

ISBN-13: 978-0692575857

Product Dimensions: 8.5 x 0.4 x 8.5 inches

Shipping Weight: 14.7 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #637,501 in Books (See Top 100 in Books) #115 in Books > Christian Books & Bibles > Theology > Ecumenism #14023 in Books > Religion & Spirituality > Religious Studies > Theology

Customer Reviews

Edward W. Bastian is the founder of the Spiritual Paths Foundation. A Ph.D. in Buddhist Studies, Bastian has studied with many of the most important spiritual masters of the 20th century, and has been at the forefront of InterSpiritual dialogue. He is the author of *InterSpiritual Meditation* (2010),

and the co-author of the award-winning, *Living Fully, Dying Well* (2009).

[Download to continue reading...](#)

The Mandala Workbook: Creating an Authentic Spiritual Path: An Interspiritual Process (The Spiritual Paths Series) Mandala Coloring book: Mandalas. Easy coloring: Simple mandala coloring book, Adult mandala coloring Books, Mandala coloring, Adult Coloring Book: ... coloring books for Adults) (Volume 2) Mandala Coloring Book: 100 plus Flower and Snowflake Mandala Designs and Stress Relieving Patterns for Adult Relaxation, Meditation, and Happiness (Mandala Coloring Book for adults) Crochet Mandala: 17 Amazing Crochet Mandala Projects: (Crochet Mandala Patterns, Crochet for Beginners) Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 2) Mandala Coloring Book: 100+ Unique Mandala Designs and Stress Relieving Patterns for Adult Relaxation, Meditation, and Happiness (Magnificent Mandalas) (Volume 1) Adult Coloring Books: Animal Mandala Designs and Stress Relieving Patterns for Anger Release, Adult Relaxation, and Zen (Mandala Animals) (Volume 1) Mandala colouring book for adults: Meditation, Relaxation & Stress Relief: +BONUS 60 free Mandala colouring pages (PDF to print) Mandala colouring book for adults - Relax & Dream with beautiful Mandalas for Stress relief + BONUS 60 free Mandala colouring pages (PDF to print) Mandala Coloring Book Mega Bundle Vol. 4 & 5: 100 Detailed Mandala Patterns The Mandala Guidebook: How to Draw, Paint and Color Expressive Mandala Art Mandala Coloring Book: 100 IMPRESSIVE MANDALAS Adult Coloring Book (Vol. 1): Stress Relieving Patterns for Adult Relaxation, Meditation (Mandala Coloring Book for Adults) (Volume 1) Mandala Wisdom: An Adult Coloring Book: 50 Stress Relief Mandala Designs Inspired by Nature, 50 quotes of perennial knowledge from humanity's ... Gift For Friends and Family, For All Holidays Mandala Coloring Book: Mandala Curse Words Coloring Book: Swear And Relax: 50 Swear Words To Color Your Anger Away The Mandala Coloring Book: Inspire Creativity, Reduce Stress, and Bring Balance with 100 Mandala Coloring Pages Mandala Coloring Book For Kids: Easy Mandala Patterns for Kids Mandala Coloring Book Mega Bundle Vol. 6 & 7: 100 Detailed Mandala Patterns The Mandala Coloring Book, Volume II: Relax, Calm Your Mind, and Find Peace with 100 Mandala Coloring Pages Dorset & South Devon Coast Path: (Sw Coast Path Part 3) British Walking Guide With 70 Large-Scale Walking Maps, Places To Stay, Places To Eat (Trailblazer: Sw Coast Path) Exmoor & North Devon Coast Path: (Sw Coast Path Part 1) British Walking Guide With 53 Large-Scale Walking Maps, Places To Stay, Places To Eat (British ... Exmoor & North Devon Coast Path Minehead)

Contact Us

DMCA

Privacy

FAQ & Help